KEY BISCAYNE COMMUNITY CENTER GROUP EXERCISE SCHEDULE - WINTER/SPRING 2022

Classes are 55 minutes and are held in the Aerobics Studio

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY | |
|--|-----------|--|-----------|------------------|--|--------|--|
| 6:15 AM | | 6:15 AM | | | 8:30 AM | | |
| SPINNING | | SPINNING | | | SPINNING | | |
| Arturo | | Arturo | | | Marquinho | | |
| | | | | | 9:30 AM | | |
| | | | | | BRAZILIAN SCULPT | | |
| | | | | | Marquinho | | |
| 10:00 AM | 10:00 AM | 10:00 AM | 10:00 AM | 10:00 AM | 10:30 AM | | |
| BODY SCULPTING | SPINNING | SPINNING | SPINNING | SPINNING | SPINNING | | |
| Jennifer | Marquinho | Jennifer | Marquinho | Jennifer | Jennifer | | |
| 11:00 AM | | 11:00 AM | | 11:00 AM | 11:30 AM | | |
| SPINNING | | BRAZILIAN SCULPT | | BRAZILIAN SCULPT | ZUMBA | | |
| Marquinho | | Marquinho | | Marquinho | Rita | | |
| Revised schedule effective December 20, 2021! ***Please note Jennifer's, Arturo's & Rita's classes are CANCELLED December 20- 31*** | | | | | | | |
| | 6:00 PM | | 6:00 PM | | | | |
| | SPINNING | | SPINNING | | | | |
| | Arturo | | Arturo | | Per KBCC Policy, group exercise | | |
| 6:30 PM SPINNING Marquinho | | 6:30 PM SPINNING <i>Marquinho</i> | | | class participants must be at least 15 years of age. | | |

MEMBER PACKAGES/ABONOS: 1 Class = \$9 5 Classes = \$35 10 Classes = \$60 20 Classes = \$100 NON-MEMBER FEE = \$15

* SEE REVERSE FOR ADDITIONAL CLASSES *